

Frank Clemente's Rules of Life

December 9, 2011

Know yourself — respect yourself

Live a full, passionate life

Keep your health

Raise the bar

Give something back

Don't be afraid of risk or failure

Always take the high road

Remember the buffalo

Follow your dream

Tomorrow belongs to you

To watch a video of Frank Clemente's final lecture, check out [this video](#) provided by Onward State.

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Tags: always take the high road, Clemente, don't be afraid of risk or failure, follow your dream, Frank, Give Something Back, keep your health, know yourself, live a full passionate life, Onward State, Raise the bar, remember the buffalo, respect yourself, Rules of Life, Sociology, tomorrow belongs to you